

MAKING A PERSONAL ACTION COMMITMENT

FIRST STEPS TOWARD A MINITREND ADVENTURE

**Please write down at least one personal commitment
for each of the three following action categories.**

1. AN IMMEDIATE ACTION THAT YOU WILL TAKE WHEN YOU RETURN TO WORK
FOLLOWING THIS PROGRAM:

2. A PROPOSED ACTION THAT YOU WILL PROMOTE TO YOUR SUPERIORS,
YOUR COLLEAGUES, YOUR SUBORDINATES, OR ALL THREE WHEN YOU
RETURN TO WORK:

3. AN EXPLORATORY ACTIVITY – E.G., AN INFORMATION SEARCH, A STUDY or
EXPERIMENT, ETC. – THAT YOU WILL UNDERTAKE TO HELP YOU DECIDE
WHETHER OR NOT TO TAKE OR PROPOSE A MINITREND ADVENTURE:
